

PEZZULLO FUSILLI WITH BROCCOLI CREAM, ANCHOVIES AND TUNA BOTTARGA

Ingredients: 4 serves

350 g Pezzullo fusilli
300 g broccoli from Calabria
50 gr tuna bottarga
5 anchovy fillets
2 garlic cloves
1/2 white onion
Vegetable broth
Extra virgin olive oil and chili pepper, to taste
Salt and pepper, to taste

Preparation

Clean and cut the broccoli, keeping some tops to garnish the dish. Chop the onion into thin slices. Heat the extra virgin olive oil in a large skillet over medium-high heat.

Add the onion, sautè for 3 minutes.

Add the broccoli and then the vegetable broth. Cook for 10 minutes.

Once is cooked blend it to obtain a thick cream, seasoning, if necessary, with salt.

Cook Pezzullo Fusilli according to package directions until tender yet al dente, reserving 1 cup of the cooking liquid. Meanwhile heat the extra virgin olive oil in a skillet with the garlic cloves, the anchovy fillets and the parsley.

Sautè for 3 minutes, remove the garlic cloves and add the cooking liquid.

Add the pasta to the sauce and toss it.

To serve: put in a dinner plate first the broccoli cream, then the fusilli and finally garnish with slices of tuna bottarga and some broccoli (just the top part, previuosly fried). Serve.

